

### **Meeting Minutes: 4/11/25**

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**In attendance:** Montana (Director), Hanna (Sec), Greg (Director), Maddy (VP) in session - Capt (President) had tech difficulties. Captain and Mitya (Treasurer) were able to join soon after 3/14/25 meeting minutes were approved (quorum). Beth (Director) was absent from today's meeting.

### **Approve 3/14/25 meeting minutes**

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We approved meeting minutes 3/14/25 - Montana motioned, Hanna seconded.

Maddy introduced an email inquiry regarding "Healthcare Letter of Concern" she received and shared with the board and members. Maddy clarified how she's meant to manage incoming emails regarding bigger OPR type inquires. Montana said to direct to OPR, not Maddy's responsibility. Board discussed the letter and VTAA feels strongly about the sharing of information and though we are absolutely neutral on the subject matter, and has no affiliation with the organization, we will share with members to chose for themselves.

### **Social feedback**

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Board felt positive about the social, and looking forward to the next! Phone calls were effective, goodie bags were well received!

During the pandemic people flocked to the organization and there was much more activity int he listserve. With uncertainty in tariffs and other potential natural events there is possibility for increased interest and increased activity.

Total for Hotel Vermont was \$500 (someone please add exact amount). Food was \$250 approx and space \$250 approx (please add corrected numbers).

Where will we host the next annual meeting, potentially Hotel VT? We want to consider hosting in different areas to be available to all, but need to make it easy regarding additional services - food and bev, slideshow presentations etc. Maybe Rutland and Middlebury? Maddy will look into Rutland and Hanna will look into Middlebury for events.

Pamela and Dierdre – location in Rutland, how do we best support, what info do we pass on. Diedre hosted at Saxton's Distillery and had catered. \$500 budget for an event and annual, does this feel appropriate? \$500 budget approved. We want to build community, especially important right now, want to support all efforts to connect. Need location, caterer and speaker 2 months in advanced. Maddy will reach out to them regarding their event (July/August is ideal with the annual meeting is Oct/Nov). Maddy and Montana will create a template for future socials for a future automated form (on website, members only section, "want to host an event in your area? Click here!"). Want to be sure we have fine print regarding "budget subject to change" as our needs as membership evolves. Board has to approve the entire event to ensure that it is congruent with our mission and ethics.

## **Membership drive and annual meeting**

Lead time on postcards for events -- 1-2 weeks, send 1 month in advance, 6-8 weeks total lead time on prepping postcards. CEU's cost us money (\$225 to apply, hours of submission work) but are a big draw. Have to remember - 4 credits of Qi Gong in 4 years/person (not event). Ideal to offer Qi Gong or Tai Chi, or we just keep it social and structured with a topic, ground rounds? Doesn't necessarily have to be clinical, could be more business oriented. We want to be sure we're offering CEU's in both northern and southern locations for all to avoid concerns for favoritism or access. Maybe we approach educational centers because CEU's are a big draw? HealthCMi was generous, 50% off Live CEU's! Dr. Lumenello could offer Ethics and Safety? Maddy will look into CPR discounts. Confirmed CPR can be taken online, likely less of a draw for members.

Annual event: Budget considerations:

Space, food, mailer (~\$200), presenter, misc (pronoun stickers/swag), \$1500 cap

Socials: Budget considerations:

Space, food, mailer (~\$200), presenter, misc (pronoun stickers/swag), \$1000 cap

## **Website and payment needs update**

We want the website completely in order before Membership Drive. Maddy and Mitya will connect, as membership drive will ideally happen come May (frontporchforum, NPR ads etc).

Beth is still working on Paypal after months of wrangling IRS docs, changing official address, etc. We will email members to let them know when it's finally all wrapped up. Mitya will be the lead on that email, and share with the board for approval.

**Next Meeting:** Friday May 9th at 12:30

Skip June, consider June 13th if needed

July 11th at 12:30

**Meeting adjourned:** 1:50PM