

The Vermont Acupuncture Association

Annual Meeting via Zoom

November 14th, 2020

9-4 pm

9-12 pm : Presentation's from Scott Moylen, President

Updates on: website, ASA, lobbying efforts, and committee work

12-1 break out - committee luncheon

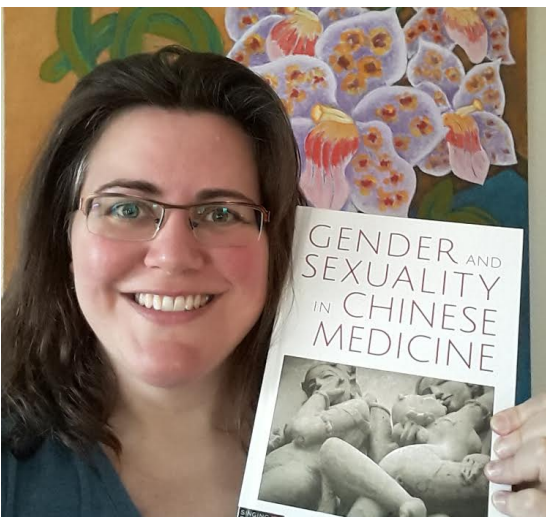
1-4pm Presenting Catherine Lumenello LicAc on

" Dismantling Oppression with Chinese Medicine"

Class is FREE with your annual membership renewal or 100\$ for non-members

Space is limited to 100 participants: **3 PDA's Pending**

To register please email VermontAcupuncture@gmail.com



"Oppression is a force that binds and limits all of us, both the oppressed and the oppressors. By examining the Chinese Medicine Patterns that thwart free-thinking and sustain incorrect belief, we can actually unwind the substances, elements, and emotions that allow these states to flourish. In order to have a practice full of Qi (i.e., full of Love) for the myriad of possibilities that exist in our clients and ourselves, we must address all forms of oppression that exist - racism, sexism, homophobia, classism, and xenophobia - head on, with gentle, forgiving, and focused attention.

As all healing begins with the Healer, this class incorporates short lectures with Qigong exercises, meditations, and intention setting to shift these patterns within ourselves."

-Catherine Lumenello LicAc.

Catherine Lumenello is a Licensed Acupuncturist, Classical Chinese Medicine practitioner, Qigong and Feng Shui Master that specializes in emotional stress and Trauma recovery. With over 15 years of clinical experience, Ms. Lumenello worked extensively in the LGBTQ+ and HIV+ / AIDS communities in Tucson, Arizona before relocating to a small private practice in southern Vermont. Ms. Lumenello is the author of *Gender and Sexuality in Chinese Medicine* (Singing Dragon, 2020) which directly addresses the impact of oppression. Her empowering take on all aspects of gender, sexuality, relationships, and attraction is described as a "radical re-examination of the potential of Chinese medicine."

